



Program SymPCa 2023

Photo: Gøran Mikkelsen/SAHI

Thursday 21. September

10.30 – 11.30 Bus trip from airport to Sommarøy Hotel

11.30 – 12.30 Lunch in the hotel restaurant

12.30 – 14.00 **Plenary in Kaihus 1:**

12.30 – 12.45 Welcome

12.45 – 13.15 Keynote Thor-Eirik Eriksen: 'Reduction, saturation and the givens of being human'.

13.15 – 13.45 Keynote Olaug Lian: 'Symptoms in clinical interaction: Constructing risk, conceptualising uncertainty and taming chance.'

13.45 – 14.00 Questions

14.00 – 14.15 Break

14.15 – 15.25 **Parallel sessions: Life, Kaihus 1 and Care, Styrhus 1**

15.25 – 15.40 Break

15.40 – 16.45 **Parallel sessions: Life, Kaihus 1 and Care, Styrhus 1**

16.45 – 17.00 Break

17.00 – 17.45 **Plenary in Kaihus 1:**

17.00 – 17.30 Keynote Klaus Høyer: 'The European Health Data Space: How are we to understand its impact on clinical relations?'

17.30 – 17.45 Questions and rounding off

19.30 Dinner in the restaurant

Themes for parallel sessions:

Life: Symptoms in Disease, Health and Life

Care: Symptoms in Clinical interaction and care



Parallel sessions 21. September 14.15 – 15.25

Life: Symptoms in Disease, Health and Life, Kaihus 1

Chairs: Carl E. Rudebeck and Stefan Hjørleifsson

14.15 Introduction

14.20 Maria Fredriksen Kvamme: “The discomfort with the discomfort”: Student gazes on mental health and wellbeing in Norwegian higher education

14.33 Charlotte Ulrikka Rask: Managing persistent physical symptoms when being social and active is the norm: A qualitative study among young people in Denmark

14.46 Mie Kusk Søndergaard: Tinkering with hormonal bodies: Gynecological sensations in midlife

14.59 – 15.25 Discussion

Care: Symptoms in Clinical interaction and care, Styrhus 1

Chairs: Susanne Reventlow and May-Lill Johansen

14.15 Introduction

14.20 Kirsti Malterud: Understanding symptoms in clinical knowing – a conceptual analysis

14.33 Esca van Blarikom: Symptoms of what? The need for speculative pragmatism in the diagnostic process

14.46 Alexandra Brandt Ryborg Jønsson: Negotiating Diagnostics: Epistemic Battles of Symptoms in Primary Care

14.59 Monica Greco: Awakening the sense of the possible: the Symptoms Clinic as a liminal space

15.12 – 15.25 Discussion

15.25 – 15.40 Break



Parallel sessions 21. September 15.40 – 16.45

Life: Symptoms in Disease, Health and Life, Kaihus 1

Chairs: Carl Edvard Rudebeck and Stefan Hjørleifsson

15.40 Aranka Ballering: Feel It: a large-scale qualitative study on the social origins of somatic symptoms

15.53 Najia Sultan: Symptom interpretation and health-seeking in British Pakistanis

16.06 Tim olde Hartman: Prognostic Factors for Persistent Fatigue after COVID-19: a Prospective Matched Cohort Study

16.19 Dag Bruusgaard: From musculoskeletal disease through number of pain sites to multisymptom syndrome

16.32 – 16.45 Discussion

Care: Symptoms in Clinical interaction and care, Styrhus 1

Chairs: Susanne Reventlow and May-Lill Johansen

15.40 Tom Sanders: Biographical repair in a clinic for persistent physical symptoms

15.53 Høbe Treufeldt: Stigma and stigmatisation in clinical encounters for functional disorders/persistent physical symptoms: A new usable framework

16.06 Ingjerd Helene Jøssang: Conversation analysis of how patients' explanations of their functional somatic disorders are thematized in GP consultations

16.19 Chris Burton: What next for explaining persistent physical symptoms?

16.32 – 16.45 Discussion



Friday 22. September

08.30 – 09.45 **Plenary** with keynotes in **Kaihus 1**:

08.30 – 09.00 Keynote Hasse Melbye: ‘Shortness of breath from a GP’s point of view’

09.00 – 09.30 Keynote Jane Macnaughton: ‘Making breathlessness visible: medical humanities approaches to understanding and management’

09.30 – 09.45 Questions

09.45 – 10.00 Break

10.00 – 10.55 **Parallel sessions**: Breath, **Styrbord**, Techno, **Styrhus 1** and Care, **Kaihus 1**

10.55 – 11.05 Break

11.05 – 12.45 **Parallel sessions**: Techno, **Styrhus 1** and Life, **Kaihus 1**

12.45 – 13.30 Lunch

13.30 – 14.45 **Plenary** in **Kaihus 1**:

13.30 – 14.00 Keynote Stefan Hjørleifsson: ‘Sustainability and the aspiration to eliminate symptoms’

14.00 – 14.40 Summaries and discussion

14.40 – 14.45 Farewell

15.00 – 16.00 Bus trip to airport

Themes for parallel sessions:

Life: Symptoms in Disease, Health and Life

Care: Symptoms in Clinical interaction and care

Breath

Techno: Symptoms and new technological infrastructures in biomedicine



Parallel sessions 22. September 10.00 – 10.55

Breath, Styrbord

Chairs: Hasse Melbye and Jane Macnaughton

10.00 Introduction

10.05 Margreet Peutz: When Anxiety Takes Your Breath Away

10.18 Hege Svenningsen: Breathing Therapy for Patients with Medically Unexplained Physical Symptoms and Dysfunctional Breathing in General Practice in Norway. A Feasibility Study

10.31 Saya Niwa: Respiratory outcomes in patients with persistent somatic symptoms

10.44 – 10.55 Discussion

Techno: Symptoms and new technological infrastructures in biomedicine, Styrhus 1

Chairs: Mette B. Risør and Marianne Rosendal

10.00 Introduction

10.05 Marianne Rosendal: My Symptoms: an Internet-based Intervention for Persistent Physical Symptoms Prescribed by GPs

10.18 Anna Frøkjær Holsting: “My Symptoms Young” Online self-help intervention for young patients with functional somatic symptoms

10.31 Michal Frumer: Digitally mediated self-care: An ethnographic exploration of ‘My Symptoms’

10.44 – 10.55 Discussion

Care: Symptoms in Clinical interaction and care, Kaihus 1

Chairs: Chris Burton and Tim olde Hartman

10.00 Introduction

10.05 Asma Chaabouni: Which patients are at risk of developing persistent symptoms in primary care?

10.18 Aleksandra Kustra-Mulder: Healthcare Practitioners’ Views on Healthcare-Related Factors Influencing Symptom Persistence and Improvement in Persistent Somatic Symptoms: A Qualitative Study of Four European Countries

10.31 Hieke Barends: Exploring maladaptive cognitions and behaviors as perpetuating factors in patients with persistent somatic symptoms: a longitudinal study

10.44 – 10.55 Discussion

10.55 – 11.05 Break



Parallel sessions 22. September 11.05 – 12.45

Techno: Symptoms and new technological infrastructures in biomedicine, Styrhus 1

Chairs: Mette B. Risør and Marianne Rosendal

11.05 Introduction

11.10 Alex Pavitt and Katie Mellor: Remote symptom monitoring in Long Covid: validating the lived experience

11.23 Chloe Saunders: Participatory design of bodysymptoms.org: an interactive web-site to help patients make sense of multisystem functional symptoms

11.36 Mette Trøllund Rask: Participatory design of patient support for My Symptoms: an internet-based intervention for persistent physical symptoms prescribed by general practitioners

11.49 Sara Green: Signs before symptoms? Perspectives on preventive precision medicine

12.02 John Brandt Brodersen: Digital Self-Monitoring and How It May Drive Overdiagnosis

12.15 – 12.45 Discussion

Life: Symptoms in Disease, Health and Life, Kaihus 1

Chairs: Chris Burton and Tim olde Hartman

11.05 Introduction

11.10 Cathrine Abrahamsen: «A cluster randomised trial on the effect of a structured communication tool on patients with Medically Unexplained Physical Symptoms in Norway»

11.23 Mina Piiksi Dahli: Somatic symptoms and associations with common psychological diagnoses: a retrospective cohort study from Norwegian urban general practice

11.36 Iben Emilie Christensen: Healthcare seeking for people diagnosed with severe mental illness: Perception of sensations, symptom interpretation and diagnostic work

11.49 Isabella Raasthøj: Multiple physical symptoms and coping in the Danish general population. A 10-year follow-up

12.02 Susanne Reventlow: Understanding symptoms in the context of multimorbidity, biomedicine and society

12.15 Carl Edvard Rudebeck: Symptom presentations of troubled health and minor disease: A field destined for general practice expertise embraced by commercial interests

12.28 – 12.45 Discussion