



Wrapping Up ECO-CARE

Workshop on Empathy, Compassion and Care

Final conference ECO-CARE and
Kick-off The Ocean Decade Blue Catalyst (BLYSS)

Location: ÁRDNA - Samisk Kulturhus, Tromsø Campus
and Teams link (25.9)

Date: 24-25 September, 2025



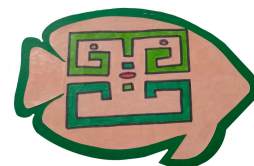
This booklet belongs to the most caring and creative multipotentialite!



To learn more about ECO CARE, scan the QR code below!



Workshop Program



As ECOCARE wraps up, we come together to reflect on the many connections made over the past five years. We celebrate the empathy, compassion and care shared between Norway, Brazil, and beyond through research and education on water rights and governance.

Day 1 will consist of three 1-hour interactive sessions about emotions, access rights, and water. We will connect with each other through our stories over our favourite foods, and wrap up the day with a kick-off to the next project: BLYSS (UArctic).

Day 2 will be dedicated to a round of presentations of the research conducted by Brazilian researchers and students.

DAY 1 PROGRAM: Sept 24th

8:30 - 9:00	Registration
9:00 - 9:15	Welcome
9:15 - 10:30	Empathy - Connecting with each other <i>Chaired by Youna McGowan & Emily Murray</i>
10:30 - 10:45	Coffee break
10:45 - 12:00	Compassion - Sharing stories & food <i>Chaired by Margherita Poto & Giulia Parola</i>
12:00 - 13:30	Care & Co-Creation - Message in a Bottle <i>Chaired by Claudia D'Andrea & Annamaria Bonomo</i>
13:30 - 14:00	Wrapping up & moving forward

DAY 2 PROGRAM: Sept 25th

14:00 - 15:30	Presentations <i>Teams link + Møterom 4.337</i>
18:00	Goodbye Dinner <i>Dinner provided at Casa Inferno</i>

Day 1: Participants



Margherita Paola Poto, *ECOCARE and BLYSS PI*

Giulia Parola, *ECOCARE Project Coordinator, Brazil*

Aline Braz, *ECOCARE PhD Student, Brazil*

Taina De Andrade Santos, *ECOCARE Master's Student, Brazil*

Patricia Maia De Oliveira, *ECOCARE Master's Student, Brazil*

Larissa Gabrieli Dos Santos Munhoz, *ECOCARE Master's Student, Brazil*

Bruno Rosas Hidalgo, *ECOCARE Master's Student, Brazil*

Jimmy Martins Shimizu, *ECOCARE Master's Student, Brazil*

Ida-Mari Ravn, *ECOCARE Master's Student, Norway*

Annamaria Bonomo, *Erasmus+ International Staff, University of Bari*

Claudia D'Andrea, *BLYSS Project Developer*

Youna McGowan, *ECOCARE Intern, Canada*

Endalew Enyew, *Senior Researcher, NCLOS and UiT*

Mana Tugend, *NCLOS and ECOCARE PhD student, Norway*

Apostolos Tsiouvalas, *ECOCARE Postdoc, NCLOS and UiT*

Mathilde Morel, *PhD Student, NCLOS and UiT*

Gilbert Akame, *PhD Students, UiT*

Rada Pandeva, *BLYSS Team Member*

Emily Murray, *PhD Student, ECOCARE Team Member*

Sofie Quist, *PhD Student, NCLOS*

Michael McElhinney, *PhD Student, UiB*

Charlotte Sofie Buksrud, *UiT*

Torunn Berger, *UiT*

Thomas Brodhal, *UiT*

Tore Henriksen, *Dean, Faculty of Law, UiT*

Ingvild Svestad, *UiT*

Vito De Lucia, *NCLOS Director*

Day 1: Session Overview



EMPATHY is the ability to understand the feelings of others.

Chairs: Youna McGowan & Emily Murray

Aim: Building relationality

Activities:

Empathy Game

Each participant will receive a card with a connecting keyword (e.g., an emotion, a natural element, or an environmental right). Their task is to find other participants who share the same keyword. Once the groups are formed, participants will collaborate to create a visual representation of their connection. Prompts such as puppets, books, or artefacts will be provided to inspire creativity.

Sharing Bonding Projects on the World Map

Each group will share the story they developed around their connection. These stories will be represented on our world map through a photo, drawing, or written thought, symbolising the shared bond and its place in the larger narrative.

A Story of Stories

To conclude, we will use a thread to physically connect all the stories on the world map, symbolising the interconnectedness of our experiences and the collective journey we've created together.

Day 1: Session Overview



COMPASSION is the ability to share feelings together.

Chairs: Margherita Paola Poto & Giulia Parola

Aim: Nurturing each other

Activities:

Introduction: The Meaning of Food in ECO CARE

We will begin by introducing the purpose and significance of our projects, emphasizing how they aim to nurture and support communities. This includes providing tangible support, such as food supplies to our communities, while building connections and care

Personal Reflections: Food and Connection

Each participant will share the story behind the food they brought, reflecting on their personal connection to it and its role in nurturing themselves and others. This activity encourages a deeper understanding of the cultural and emotional significance of food.

Food and Story Sharing: The Heart of the Symposium

The session will culminate in enjoying an international meal, celebrating the diversity and unity of our gathering.

Day 1: Session Overview



CARE is the ability to take restorative actions.

Chairs: Claudia D'Andrea & Annamaria Bonomo

Aim: Reflecting on the past and looking ahead to a common future

Activities:

Reflection

We will take time to reflect on the work accomplished so far and describe future projects. This includes discussing how the outcomes of the ECO CARE project will be further developed and implemented by the Blyss Project (UArctic), with a particular focus on their connection to the ocean.

Message in a Bottle Laboratory

Participants will engage in a creative activity where they write a "care message." These messages can be addressed to themselves, other participants in the room, or the target audiences of future projects.

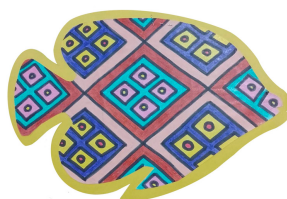
World Map Wrap-Up

To conclude the session, we will revisit the world map to share the results of this activity. Together, we will reflect on how empathy, compassion, and care weave a narrative that begins with our individual positionalities, builds meaningful connections, and ultimately extends outward to others.

Day 2: Participants



Paul Said Haddad Neto, *Universidade Federal Do Amazonas, Brazil*
José Joaquim Zandamela, *Universidade Federal Do Amazonas, Brazil*
Marckjones Santana Gomes, *Universidade Federal Do Amazonas, Brazil*
Félicien Sedjannagni Bonou, *Universidade Federal Do Amazonas, Brazil*
Davi Martins, *Universidade Federal Do Amazonas, Brazil*
Amanda Teles Marque, *ECOCARE Student, Brazil*
Mario Angeloni Collaguazo Chuquill, *Universidade Federal Do Amazonas, Brazil*
Mario Douglas Teixeira Bentes, *Universidade Federal Do Amazonas, Brazil*
Tatiana Vieira De Moraes, *Universidade Federal De São Carlos, Brazil*
Vinicius Moreira Da Silva, *Universidade Federal De São Carlos, Brazil*
Ozelito Possidonio De Amarante Junior, *Instituto Federal Do Maranhão, Brasil*
Celso Maran De Oliveira, *Universidade Federal De São Carlos, Brazil*
Carolina Albuquerque, *Universidade Federal De Rondônia, Brazil*
Evandro Gustavo De Souza, *Universidade Federal De São Carlos, Brazil*
Giulia Parola, *ECOCARE Project Coordinator, Brazil*



Day 2: Session Overview



PROGRAM: Sept 25th, 14h-15:30
Hybrid Session - Papers Presentation

<u>Name</u>	<u>Title of Presentation</u>
Paul Said Haddad Neto	Water, Legal Identity, And The Ethics Of Care: Rethinking Citizenship In The Amazon Through Decolonial Legal Ecologies
José Joaquim Zandamela	Cultural Resilience And Water Governance Among Traditional Peoples In Southern Africa
Marckjones Santana Gomes	Internal Colonialism, Environmental Governance, And The Socio-Environmental Crisis In The Amazon: Challenges And Perspectives For A Decolonial Constitutionalism
Félicien Sedjannagni Bonou	Low Participation Of Traditional African Peoples In The New African Constitutionalism: What Can We Learn From The Advances Of Indigenous Peoples Of The Arctic, And What Challenges Must Be Taken Up In Africa ?
Davi Martins; Félicien Bono	The Socio-Environmental Function Of Property And The Fundamental Right To Water In Peripheral Areas Of Manaus
Amanda Teles Marque	Indigenous Leadership In The Global Climate Discussion: Perspectives For Cop 30
Mario Angeloni Collaguazo Chuquill	The Indigenous Guardians Of Water Advancing Toward The Establishment Of Water Governance

Day 2: Session Overview



Name

Title of Presentation

**Mario Douglas
Teixeira Bentes**

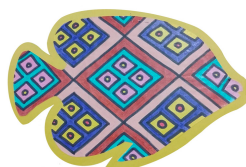
From The Amazon To The Arctic: Global Dialogues On Climate Preservation At Cop 30/2025

**Tatiana Vieira De Moraes;
Vinicius Moreira Da Silva;
Ozelito Possidonio De
Amarante Junior;
Celso Maran De Oliveira**

Water Security: Joint Action Of The Public Prosecutor's Office With The Forum Of Participating Citizens Of São Carlos.

**Carolina Albuquerque;
Evandro Gustavo De Souza;
Celso Maran De Oliveira;
Giulia Parola**

Actions Of The Federal Public Prosecutor's Office Of São Bernardo Do Campo/Brazil In The Protection Of The Rights Of Traditional People



Gratitude



This final conference of wrapping up ECO CARE and kicking off The Ocean Decade Blue Catalyst (BLYSS) would not have been possible without all of you. Thank you for all of your dedication and contributions these past two days, and over the course of the project. We extend this gratitude to the leaders of our Host and Partner Institutions, the funding institutions and donors and 30+ satellite projects that were born out of ECO CARE. , all the Indigenous communities who collaborated with us, to the illustrators, communication experts, students, children, elders, early career and senior researchers and educators.

We are grateful to you all beyond measure and we look forward to continuing to work with you in the future.

Aline Braz

Amanda Teles Marque

Bruno Rosas Hidalgo

Annamaria Bonomo

Apostolos Tsiouvalas

Carolina Albuquerque

Celso Maran De Oliveira

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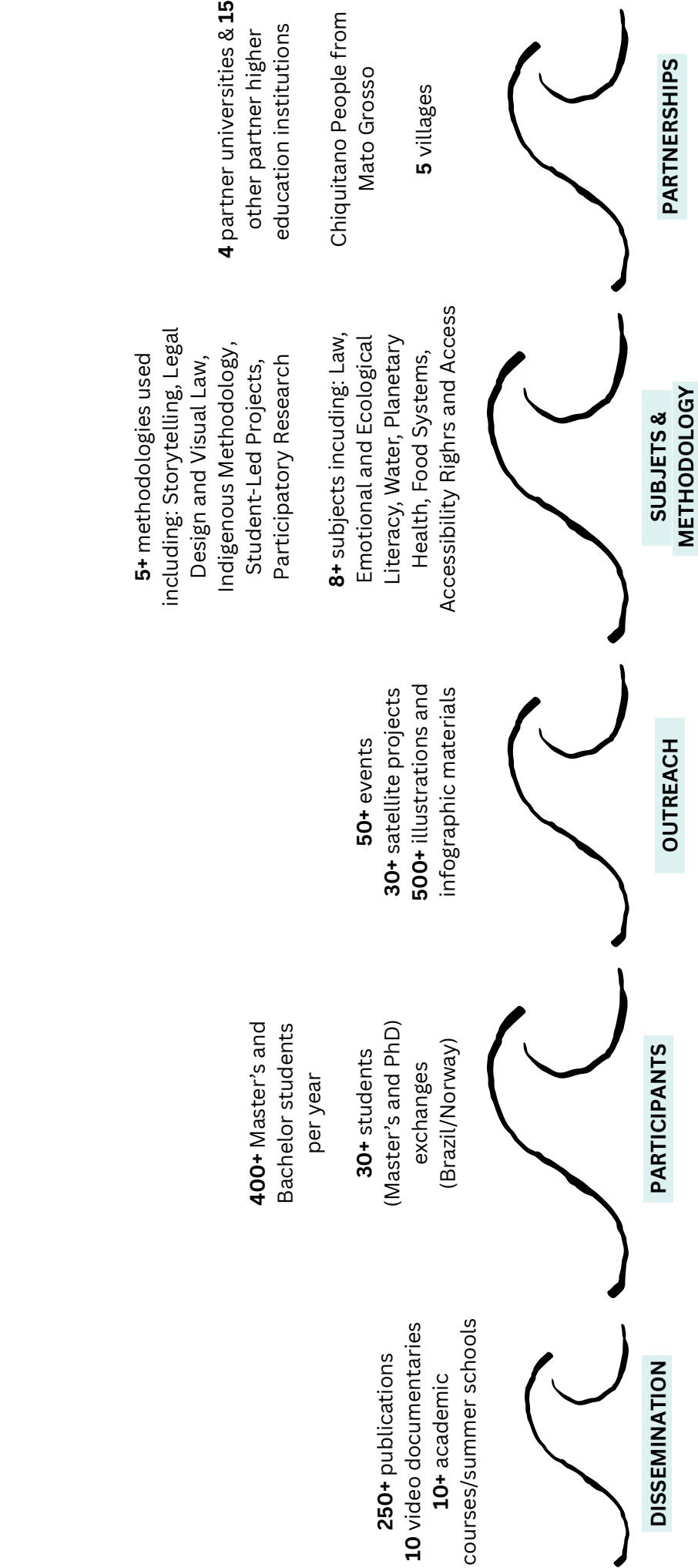
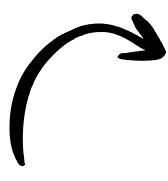
Torunn Berger

Vinicius Moreira Da Silva

Vito De Lucia

Youna McGowan

Making Waves in Academia & Beyond



Notes



Notes



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